

Please make checks payable to:

## NAMI PA Clarion

Mail to:  
Sharon Bowser  
105 Walker Farm Road  
Rimersburg, PA 16248  
THANK YOU for your support!

I'd like to join NAMI PA at the following  
annual level:

Individual/Family Membership \$23.00

Open Door Membership.

A goodwill offering of \$3.00 is recommended,  
However, a donation of any amount is appreciated.

Professional Membership \$50.00

VIP Membership \$200.00

I would like to support the work of  
NAMI PA. I enclose my tax-deductible  
contribution in the amount of \$ \_\_\_\_\_.

I'm interested in designating NAMI PA  
as a beneficiary of my estate. Please  
contact me with information about  
planned  
giving opportunities.

I am moving. The following is my new  
address:

NAME \_\_\_\_\_

STREET \_\_\_\_\_

CITY \_\_\_\_\_

COUNTY \_\_\_\_\_

—

AFFILIATE \_\_\_\_\_

ZIP \_\_\_\_\_ PHONE \_\_\_\_\_

EMAIL \_\_\_\_\_

A copy of our official registration and financial  
information may be obtained from the Pennsylvania  
Department of State, Bureau of Charitable  
Organizations, by calling  
1-800-732-0999 (toll-free within PA only). Registration  
does not imply endorsement.

## EDUCATION PROGRAMS

1. Family to Family: Free twelve week course for families of the mentally ill. The curriculum focuses on severe mental illness, and the dual diagnosis of mental illness together with substance abuse. The course discusses the clinical treatment of these illnesses and teaches the knowledge and skills that family members need to cope more effectively.
2. Forensic Training: (contact state office for details) Our Criminal Justice System Training Program offers educational programs designed for a broad range of Criminal Justice System professions and agencies.
3. Provider Course: (contact state office for details) Ten week course in Consumer/Provider/Family collaboration skills for line staff.
4. Peer-to-Peer: (contact state office for details) an 8 week program offering free mentoring by consumers for consumers in healthy living with a mental illness.
5. In Our Own Voice: (contact state office for details) a unique presentation that offers insight into the hope and recovery now possible for people with severe mental illness--presented by people who have been there.
6. Caring & Sharing: NAMI support groups available through all of our affiliates to provide direct support for family, friends and loved ones affected by mental illness.
7. NAMI C.A.R.E.: Consumers Advocating for Recovery through Empowerment. A peer based, mutual support group program for individuals facing the challenges of recovering from any mental illness.



## NAMI PA of Clarion County

A membership organization for persons with a serious mental illness, their families, friends, and professionals.

NAMI PA. of Clarion Co.

331 Jackson Rd.

Sigel, Pa 15860

(814) 752-2633

(814) 354-2478

WEBSITE

<http://clarion.nami.org>

EMAIL

[bapa@csonline.net](mailto:bapa@csonline.net)

## WHAT IS NAMI?

The National Alliance for the Mentally ill (NAMI) is a non-profit membership organization comprised of persons with a mental illness and their families, friends, and professionals, all dedicated to improving the lives of the persons who must cope with the devastating effects of a serious brain disorder.

The grass roots symbol associated with NAMI graphically represents the strength and resilience of the grass roots membership.

## WHAT NAMI DOES

In partnership with NAMI PA (formerly the Alliance for the Mentally Ill of Pennsylvania), the NAMI of Clarion County affiliate and membership actively combat the discrimination and the inappropriate stigma associated with mental illness by educating others and offering support. NAMI PA's educational program of public awareness and advocacy has received national recognition, and affiliate members play an important role in helping to disseminate the facts that mental illness is a brain disorder and treatment works.

At the national, state, and local levels, NAMI's membership works together on a broad agenda of critical issues associated with mental health. These issues include but are not limited to:

- ❑ an equitable health care system
- ❑ increased research into the causes and treatments for serious brain disorders, including medications
- ❑ improved services and conditions in correctional facilities and at the state hospitals and
- ❑ increased community based treatment programs.



## SHARING

Members of NAMI PA of Clarion County support for and learn from one another by:

- ❑ Sharing *problems*. This not only relieves tension but allows members to learn from common problems and solutions.
- ❑ Sharing *practical knowledge*. Members share what they have gained from personal experience, such as which agencies provide which services, commitment procedures, legalities, etc.

To: Friends and Relatives of Mentally Ill Persons

We would like to hear your views and experiences.

We would like to address your issues and concerns.

If you feel alone because of serious mental illness in your family, contact NAMI PA. They will put you in touch with someone who has had a similar experience.

## NAMI MAKES A DIFFERENCE

Family members of persons with a serious brain disorder not only endure the initial shock of the illness, but then must face a challenging future learning to cope with the responsibility of caring for an ill relative.

The false information and stigma that often surround brain disorders keep families from seeking the help, support, and information that they desperately need.

If you feel alone because of a serious mental illness in your family, NAMI can help. Members of the Clarion County affiliate have had similar experiences. You will find reassuring support and understanding and receive education about brain disorders, available treatments and coping skills.

## ANNUAL MEMBERSHIP

Membership in the NAMI PA of Clarion County Affiliate is open to everyone who subscribes to the purposes of NAMI. Your support and participation are welcomed and needed.

Annual dues include membership in your local chapter, NAMI PA, and the National Alliance for the Mentally ill.

## MEMBERSHIP BENEFITS

As a member of the largest family-based mental health advocacy organization in Pennsylvania, you will join other NAMI members in networking and learning how to have an impact.

You will have early access to current information about research on the brain through newsletters and an extensive lending library of books, brochures, and audio and video tapes about serious mental illness, its causes and treatments, and coping skills.

NAMI offers educational services, seminars, and workshops at reduced rates to its members.

Published quarterly by the NAMI PA state office, The Alliance newsletter contains the latest information on the medical horizon for causes, treatments, research, and medications, and includes up-to-date information on mental health issues such as hospital down sizing and managed care.

Information on national issues associated with serious mental illness is published in the NAMI newsletter. The Advocate, which you will also receive as a member

## MEETINGS

When: Last Tuesday of every month

Time: 7-8:30 pm

Where: Clarion Office Complex  
214 S 7th Ave  
Clarion PA 16214